

# MAC Program Practicum Sites for San Diego County

Updated: January 2022

**Name of Agency:** Alvarado Parkway Behavioral Health Institute (API)

**Address:** 7050 Parkway Drive, La Mesa, CA 91942

**Phone:** (619) 667-6058 (Dr. Morrison) or (619) 667-6105 (Psych Dept.)

**Contact Person:** Carrie A Morrison, PsyD

**Email Address:** [cmorrison@apibhs.com](mailto:cmorrison@apibhs.com)

**Description of the Program:**

API is a 66-bed inpatient acute psychiatric hospital with 3 outpatient programs, 3 Jackson House crisis houses and 1 Jackson House Residential Treatment Program.

The practicum trainee will be working exclusively in the inpatient hospital. They will be providing individual and group therapy across 3 units; units are based on acuity with 2 ICUs and 1 MHU or mental health unit. Population ranges from 18-90. Patients vary across all socio-economic-cultural demographics. Based on symptoms, trainees will conduct suicide risk assessments, danger to others assessments, behavior plans, domestic violence screenings, seclusion and restraint debriefs.

Required commitment is 12 months; if you complete your degree prior to the end of your commitment, you will be encouraged to apply for your intern number through the Board of Behavioral Sciences. You have a 90-day window in which you can count hours towards licensure while you await the intern number. This way you do not lose any hours towards your licensure.

Trainees are required to work 20 hours a week. This includes occasional weekend day of 8-hour shift. On that week, you will work 28 hours. You will “bank” those 8 hours worked to use as vacation or sick time in addition to your 6 days a year of vacation/sick time. The hospital is 24/7. Psychology and Addiction hours are Saturday through Thursday from 8-430 and Fridays from 7:00-3:30 pm. Friday is supervision day with one hour of didactic from 7-8 with the entire department. Small group supervision of 8 or fewer trainees will be from 8-10. Your one hour of individual or triadic supervision is determined by trainee’s schedule.

No previous clinical experience is required. Requirements include professionalism, personal responsibility, and open mind and a sense of humor.

**Name of Agency:** APEX Recovery

**Address:** Inpatient/Rehabilitation Residence: 4251 Nabal Dr., La Mesa, CA 91941

**Contact:** **Guillermo Lara, MIBA, SHRM-CP. Director of Human Resources**

**Phone:** Toll Free: [877.881.2689](tel:877.881.2689) (APEX)

Office: [619.782.2749](tel:619.782.2749)

**Email Address:** [glara@apex.rehab](mailto:glara@apex.rehab)

**Description of the Program:**

APEX recovery offers both a residential and an outpatient program for treatment of addictions in a holistic, evidence-based treatment environment. Three distinct medical approaches are options to treat addictions: internal/addiction medicine, psychiatry, and integrative/holistic therapies. The outpatient program consists of group, individual, and couples' psychotherapy, drug and alcohol counseling, psychiatry, and dual diagnosis treatment. Day and evening scheduling offered.

**Name of Agency:** CRF Areta Crowell Wellness Recovery Center

**Address:** 1963 4<sup>th</sup> Avenue, San Diego, CA 92101

**Contact Person:** Nicole Wilson, LPCC, Program Director

**Email Address:** [nwilson@comresearch.org](mailto:nwilson@comresearch.org)

**Description of the Program:**

The client(s) population served: Seriously mentally ill (SMI) clients aged 18 and old including those that may have co-occurring substance use disorder.

The length of the commitment: 12 months

The number of hours required of trainees per week: 20

Time of day or evening trainees will be at the site: Mondays are required from 8am- 12pm, other days can be scheduled during clinic hours M-F 8:30am- 4:30pm

Type of clinical supervision (individual, group, or both) and when it is scheduled:  
Group supervision on Mondays from 8am- 10am and one hour of individual supervision/week based on trainee/supervisor schedule

Any special training required in addition to university classes: No

Any other information you deem important for potential trainees to know: We have a specialized program for Transitional Aged Youth ages 18-24 and also work with many clients experiencing homelessness.

**Name of Agency:** Community Allies for Psychological Empowerment

**Address:** Various locations in Linda Vista, City Heights, and El Cajon

**Contact Person:** Dr. Eric Marcus

**Phone:** (858) 531-6959 (cell)

**Email Address:** [ehmarcus@yahoo.com](mailto:ehmarcus@yahoo.com)

**Description of the Program:**

CAPE encompasses the following sites: El Ninto Domestic Violence Center, Bayside Community Center serving a geriatric population, Bridge of Hope meeting needs of East African refugee population, and a sober living facility in El Cajon. Trainees are expected to commit to one year and will receive 10 hours of face-to-face counseling a week and four hours of group supervision. Clinical experiences will include individual, group, bio-psycho-social interviewing, training in DSM5 diagnosis, and possibility for family counseling.

Recently added by Dr. Marcus:

Students are trained in the application, development, and refinement of psychotherapy and assessment skills.

- a. Maintaining the highest level of professional ethics. following all legal mandates established by federal and state regulations.
- c. Modeling professionalism, integrity, collaboration, and mentorship.
- d. Facilitating multicultural receptiveness and clinical competence in working with diverse populations.
- e. Utilizing best practices and diagnostic tools including the DSM-5.

HOW CAPE's TRAINING PROGRAM WORKS: CAPE's assessment and clinical services are delivered by a range of students in marriage and family therapy, and clinical mental health counseling. All clinical and forensic services, including assessment, treatment, and reports are supervised by Eric Marcus, M.D., a Board-Certified psychiatrist. License #A19220.

CAPE provides psychological services (individual and group) to numerous adults placed in residences in or near El Cajon. These individuals have been involved with the criminal justice system.

CAPE also provides group and individual counseling to mothers and children in a facility for victims of domestic abuse.

**Name of Agency:** Casa De Amparo

**Address:** 325 Buena Creek Rd., San Marcos, CA 92069

**Contact Person:** Luanna Karr, Supervisor

**Email Address:** [lkarr@casadeamparo.org](mailto:lkarr@casadeamparo.org)

**Description of the Program:**

Casa de Amparo annually serves 1,300 Casa Kids, from prenatal to 24 years old, as well as 700 families, through six programs that promote healing, growth, and healthy relationships. These programs include Residential Services, Counseling Services, Family Visitation, Hayward Child Development Center, New Directions, and Young Parent Network. Casa de Amparo is the San Diego Chargers Courage House, part of a national network of NFL teams and local charities dedicated to the prevention of child abuse.

Experience Provided: The Counseling Center staff at Casa de Amparo guides, advocates for and supports children and families participating in Casa's programs to help treat the effects of child abuse and neglect and stop the cycle. Casa de Amparo's Outpatient Counseling Services are designed to support children and families facing a variety of individual or family stressors and/or mental health issues.

**Name of Agency:** Center for Community Solutions

**Address:** 4508 Mission Bay Drive, San Diego

**Contact Person:** Allison Johnson

**Email Address:** [ajohnson@ccssd.org](mailto:ajohnson@ccssd.org)

**Description of the Program:**

The client(s) population served: CCS serves survivors of intimate partner violence and/or sexual assault across the age range with short-term crisis intervention and stabilization services to address: building coping skills, providing psychoeducation on the effects of trauma on the body and brain, and processing of the trauma narrative with clients requesting this modality. Services provided via telephone, video conference, and in person depending on client need-no full-time remote placement offered. CCS focuses on trauma-informed, client centered care focused on the mission of ending sexual violence in all communities.

The length of the commitment (10 or 12 months is usual): 12 months

The number of hours required of trainees per week: 20 hours per week

Time of day or evening trainees will be at the site: M-F between the hours of 9-6pm

Type of clinical supervision (individual, group, or both) and when it is scheduled: group Tuesdays 2-4pm; individual weekly during scheduled shifts

Any special training required in addition to university classes: 65-hour Crisis Intervention Training required prior to beginning placement (typically 3 evenings and 1 full Saturday for 5 weeks prior to practicum class starting)

Any other information you deem important for potential trainees to know: only interested in students with a particular interest in sexual assault and/or intimate partner violence, students will be designated to work in 1 of 3 offices (El Cajon, Pacific Beach, Escondido) please indicate which office(s) you are willing to work in when contacting. **Only accepting students for Fall practicum, please apply by December of the previous year to ensure interview is offered.**



**Name of Agency:** Center for Mindful Relationships

**Address:** 2333 1<sup>st</sup> Avenue, Suite 204, San Diego, CA 92101

**Contact Person:** Mary Edwards

**Email Address:** [maryalex@msn.com](mailto:maryalex@msn.com)

**Description of the Program:**

The client(s) population served: Individual, couples and family counseling, adolescents in school settings, Domestic Violence groups for men.

The length of the commitment (10 or 12 months is usual): 12 months

The number of hours required of trainees per week: 15-20

Time of day or evening trainees will be at the site: M-Sa 9am-9pm

Type of clinical supervision (individual, group, or both) and when it is scheduled:  
individual scheduled per convenience of supervisor/student and group  
(Wednesdays 9-11 or 1-3pm)

Any special training required in addition to university classes: Domestic Violence Treatment 40-hour training if student wants to co-lead DV groups (not mandatory)

**Name of Agency:** Community Research Foundation

To apply for a practicum placement please go to the link below. Jobs and practicum placements are posted there. If there isn't a practicum placement opening at a program, the student can click on the desired program and then contact the program director listed for the program.

<https://www.irecruit-us.com/index.php?OrgID=I20140912&pg=listCRF>

**Description of the Program:**

Community Research Foundation is a San Diego-based not-for-profit corporation providing behavioral health services to adults, children, and families. They operate 32 programs offering a wide range of services including: Outpatient programs serving adults, children, youth and families; Assertive Community Treatment (ACT) programs targeting homeless individuals with psychiatric disabilities, often including co-occurring substance-related problems; short-term acute residential treatment (START) programs which provide an alternative to voluntary acute psychiatric hospitalization; a transitional residential program; and a supported housing program.

Community Research Foundation has a memorandum of understanding with the MAC Program at National University that includes 26 of their programs. MAC students have completed practicum hours in a number of the facilities operated by CRF. The Community Research Foundation programs are listed below. National University MAC students should contact the individual programs directly if interested in pursuing a practicum at one of the sites.

**Assertive Community Treatment (ACT)**

**Name of Agency:** IMPACT (Assertive Community Treatment)

**Address:** 1260 Morena Blvd., Suite 100, San Diego, CA 92110

**Phone:** (619) 398-0355

**Contact Person:** Melissa Beals, LMFT

**Email Address:** [MBeals@comresearch.org](mailto:MBeals@comresearch.org)

**Name of Agency:** Senior IMPACT

**Address:** 928 Broadway, San Diego, CA 92101

**Contact Person:** Bridgett Kiefaber, LCSW, Director

**Phone:** (619) 977-3716

**Email Address:** [BKiefaber@comresearch.org](mailto:BKiefaber@comresearch.org)

### Outpatient Programs – Adult

**Name of Agency:** Areta Crowell Center Wellness and Recovery Center

**Address:** 1963 Fourth Avenue

**Phone:** (619) 233-3432

**Contact Person:** Nicole Wilson, Director

**Email Address:** [NWilson@comresearch.org](mailto:NWilson@comresearch.org)

**Name of Agency:** Douglas Young Wellness and Recovery Center

**Address:** 1963 Fourth Avenue, San Diego, CA 92126

**Phone:** (858) 695-2211

**Contact Person:** Laura Talbott, LMFT, Director

**Email Address:** [LTalbott@comresearch.org](mailto:LTalbott@comresearch.org)

**Name of Agency:** Heartland Wellness and Recovery Center

**Address:** 460 North Magnolia Ave., Suite 110, El Cajon, CA 92020

**Phone:** (619) 440-5133

**Contact Person:** Grace Odyek, AMFT

**Email Address:** [GOdek@comresearch.org](mailto:GOdek@comresearch.org)

**Name of Agency:** Jane Westin Center

**Address:** 1045 9<sup>th</sup> Ave, San Diego, CA 92101

**Phone:** (619) 235-2600

**Contact Person:** Kenna Mauhili, PsyD, Director

**Email Address:** [KMauhili@comresearch.org](mailto:KMauhili@comresearch.org).

**Name of Agency:** Maria Sardinias Wellness & Recovery Center

**Address:** 1465 30<sup>th</sup> St., Ste. K, San Diego, CA 92154

**Phone:** (619) 428-1000

**Contact Person:** Paul VanPortfliet, PsyD, Director

**Email Address:** [PVanPortfliet@comresearch.org](mailto:PVanPortfliet@comresearch.org)

**Name of Agency:** South Bay Wellness & Recovery Center

**Address:** 1196 Third Ave., Chula Vista, CA 91911

**Phone:** (619) 427-4661

**Contact Person:** Michelle Buland, Director

**Email Address:** [MBuland@comresearch.org](mailto:MBuland@comresearch.org)

**Name of Agency:** StepForward Central (CalWORKs)

**Address:** 2772 4<sup>th</sup> Avenue, San Diego, CA 92103

**Phone:** (619) 295-6067

**Contact Person:** Claudia Covarrubias, LMFT, Director

**Email Address:** [CCovarrubias@comresearch.org](mailto:CCovarrubias@comresearch.org)

**Name of Agency:** StepForward North Central (CalWORKs)

**Address:** 8745 Aero Drive, Unit 107, San Diego, CA 92123

**Phone:** (858) 384-7035

**Contact Person:** Trena Ensign, LMFT, Program Manager

**Email Address:** [TEnsign@comresearch.org](mailto:TEnsign@comresearch.org)

**Name of Agency:** StepForward North Coastal (CalWORKs)

**Address:** 1919 Apple St. Suite A & B, Oceanside, CA 92054

**Contact Person:** Victoria Hernandez, LPCC, Director

**Email Address:** [vhernandez@comresearch.org](mailto:vhernandez@comresearch.org)

**Name of Agency:** StepForward South (CalWORKs)

**Address:** 1105 Broadway, Suite 207, Chula Vista, CA 91911

**Phone:** (619) 425-5609

**Contact Person:** Eric Delgado, LCSW, Director

**Email Address:** [EDelgado@comresearch.org](mailto:EDelgado@comresearch.org)

**Name of Agency:** StepForward North Inland (CalWORKs)

**Address:** 500 La Terraza Blvd. #117, Escondido, CA 92025

**Phone:** (760) 745-0281

**Contact Person:** Pamela Jacobs, AMF, Director

**Email Address:** [PJacobs@comresearch.org](mailto:PJacobs@comresearch.org)

**Name of Agency:** StepForward East

**Address:** 900 N. Cuyamaca St. Suite 100, El Cajon, Ca. 92020

**Contact Person:** Maryam Zappier, PsyD, LMFT, Director

**Email Address:** [MZappier@comresearch.org](mailto:MZappier@comresearch.org)

### Outpatient Programs – Children

**Name of Agency:** Crossroads Family Center (Child, Youth & Family Services)

**Address:** 1679 E. Main St., Ste. 102, El Cajon, CA 92021

**Phone:** (619) 441-1907

**Contact Person:** Brenda Estrada, LMFT, Director

**Email Address:** [BEstrada@comresearch.org](mailto:BEstrada@comresearch.org)

**Name of Agency:** Douglas Young Youth & Family Services (Child, Youth & Family Services)

**Address:** 7907 Ostrow Street, Suite F, San Diego, CA 92111

**Phone:** (858) 300-8282

**Contact Person:** Sara Welsh, LMFT, Director

**Email Address:** [SWelsh@comresearch.org](mailto:SWelsh@comresearch.org)

**Name of Agency:** Mobile Adolescent Service Team (Child, Youth & Family Services)

**Address:** 1202 Morena Blvd., Suite 203, San Diego, CA 92110

**Phone:** (619) 398-3261

**Contact Person:** Colleen Hennessy, LPCC, Director

**Email Address:** [CHennessy@comresearch.org](mailto:CHennessy@comresearch.org)

Provides mental health services to adolescents enrolled in the Juvenile Court and Community Schools. Services are provided in school settings and in client's homes.

**Name of Agency:** Nueva Vista Family Services (Child, Youth & Family Services)

**Address:** 1161 Bay Blvd., Suite B, Chula Vista, CA 91911

**Phone:** (619) 585-7686

**Contact Person:** Zugiel Torres, LMFT, Director

**Email Address:** [ZTorres@comresearch.org](mailto:ZTorres@comresearch.org)

NVFS is a county contracted program that provides mental health services to low-income and medi-cal children and adolescents in the South Bay area of San Diego County. Most clients reside in Chula Vista and National City. 50% are Latino. The Program has therapists in an outpatient clinic and, also a therapist that provides school-based counseling in about 15 schools in the area.”

### Residential Programs

The residential START programs are a treatment facility for adults with chronic mental illness. The facilities are open 24 hours a day/seven days a week.

**Name of Agency:** Esperanza Crisis Center (Short-Term Residential Treatment Crisis Centers-START)

**Address:** 490 N. Grape St., Escondido, CA. 92025

**Phone:** (760) 975-9939

**Contact Person:** Lisa Bertelle, LMFT, Director

**Email Address:** [LBertelle@comresearch.org](mailto:LBertelle@comresearch.org)

**Name of Agency:** Halcyon Center (START)

**Address:** 1664 Broadway, El Cajon, CA 92021

**Phone:** (619) 579-8685

**Contact Person:** Priscilla Grossman, LMFT, Director

**Email Address:** [PGrossman@comresearch.org](mailto:PGrossman@comresearch.org)

**Name of Agency:** Del Sur (START)

**Address:** 892 27<sup>th</sup> Street, San Diego, CA 92154

**Phone:** (619) 575-4687

**Contact Person:** Suzanne Gothard, Director

**Email Address:** [SGothard@comresearch.org](mailto:SGothard@comresearch.org)

**Name of Agency:** Jary Barreto Crisis Center (START)

**Address:** 2865 Logan Avenue, San Diego, CA 92113

**Phone:** (619) 232-4357

**Contact Person:** Martha Noderer, LMFT, Director

**Email Address:** [MNoderer@comresearch.org](mailto:MNoderer@comresearch.org)

**Name of Agency:** New Vistas (Short-Term Acute Residential Treatment (START) Crisis Centers)

**Address:** 734 10<sup>th</sup> Avenue, San Diego, CA 92101

**Phone:** (619) 239-4663

**Contact Person:** Natanya Glezer, PsyD, Director

**Email Address:** [NGlezer@comresearch.org](mailto:NGlezer@comresearch.org)

**Name of Agency:** Turning Point Crisis Center (Short-Term Acute Residential Treatment (START) Crisis Centers)

**Address:** 1738 South Tremont Street, Oceanside, CA 92054

**Phone:** (760) 439-2800

**Contact Person:** Holly McNerney, MA, Director

**Email Address:** [HMcNerney@comresearch.org](mailto:HMcNerney@comresearch.org)



**Name of Agency:** Casa Pacifica (Transitional Residential)

**Address:** 321 Cassidy Street, Oceanside, CA 92054

**Phone:** (760) 721-2171

**Contact Person:** Megan Patrick Thompson, Ph.D., Director

**Email Address:** [MPatrickThompson@comresearch.org](mailto:MPatrickThompson@comresearch.org)

**Name of Agency:** Vista Balboa Crisis Center

**Address:** 545 Laurel Street, San Diego, CA 92101

**Phone:** (619) 233-4399

**Contact Person:** Debon McGill, PsyD, Director

**Email Address:** [DMcGill@comresearch.org](mailto:DMcGill@comresearch.org)

**Name of Agency:** County of San Diego, Health and Human Services Agency, Behavioral Health Services

**Address:** 3255 Camino Del Rio South, San Diego, CA 92108

**Contact Person:** Jennifer Rusit (Santos)

**Email Address:** [Jennifer.Santos@sdcounty.ca.gov](mailto:Jennifer.Santos@sdcounty.ca.gov)

**Description of the Program:**

Program Description: The County of San Diego's Behavioral Health Services (BHS) department provides mental health and substance use disorder services to over 111,000 San Diego County residents of all ages. Services are provided through 9 county-operated programs, over 300 contracts, and 800 individual fee-for-service providers. BHS offers services across the lifespan through coordinated systems of care and embraces *Live Well San Diego*, the County's over-arching vision for a region that is building better health, living safely, and thriving.

County-operated sites:

- Southeast Mental Health Center
- North Central Mental Health Center
- East County Mental Health Center
- Edgemoor Distinct Part Skilled Nursing Facility
- Adult Forensic Services
- Juvenile Forensic Services
- San Diego County Psychiatric Hospital
- North Central Strength's Based Case Management
- East County Strength's Based Case Management

Please send your cover letter and resume 3-4 months prior to your intended start date. As part of the County of San Diego requirements for volunteers and practicum students, a full background check and medical screening will need to be completed.

**Name of Agency:** Generate Hope

**Address:** 4025 Camino Del Rio South Suite 300 San Diego CA 92108 (mailing address site is in Bonita)

**Contact Person:** Susan Munsey, LCSW

**Email Address:** [Susan@GenerateHope.org](mailto:Susan@GenerateHope.org)

**Description of the Program:**

Generate Hope provides a full recovery program to women 18 yrs. & up who have been sex trafficked. Programing includes housing, academics, psychotherapy groups & individual therapy, adjunct therapies, medical, psychiatric, dental, acupuncture, tattoo removal, legal & more

The client(s) population served: Women 18 yrs. & older who have been sex trafficked

The length of the commitment: 10 – 12 months

The number of hours required of trainees per week: 22-25

Time of day or evening trainees will be at the site: 9-5:00 MWF

Type of clinical supervision (individual, group, or both) and when it is scheduled:  
Weekly individual supervision

Any special training required in addition to university classes: Orientation class that we provide + livescan

**Name of Agency:** Grossmont Union High School District

Monte Vista High School Guidance Center

**Address:** 3230 Sweetwater Springs Blvd., Spring Valley, CA 91977

**Contact Person:** Mayumi Y. Douglas

**Email Address:** [mdouglass@gushd.net](mailto:mdouglass@gushd.net)

**Description of the Program:**

Traineeship Opportunity:

MONTE VISTA HIGH SCHOOL

Guidance Center

Volunteer Clinical Placement Opportunity for National University students

Meets requirements for clinical field work experience with NU Master of Arts in Counseling Psychology program.

Site: MONTE VISTA HIGH SCHOOL

3230 Sweetwater Springs Blvd., Spring Valley, CA 91977

Starting date: Between July 30th to August 14, 2018

Interviews: As soon as possible

This volunteer position offers:

- ☐ Direct experience providing individual and family school-based counseling services
- ☐ Co-facilitate support groups to High School students (English, Spanish available).
- ☐ Participate in training events offered to district volunteers.
- ☐ Weekly individual and group clinical supervision
- ☐ Training in clinical documentation ☐ Participation in school activities such as: Unity days, staff development training events, Rachelle's challenge, camp LEAD, among others. ☐ \$100 Amazon or bookstore gift card

Expectations:

- ☐ Academic year-long commitment: No later than August 14, 2018, to June 5, 2019
- ☐ 20 hours per week on site, 10 hours per week of direct clinical services
- ☐ Weekly participation in individual and group clinical supervision

**Name of Agency:** HOPE Program

**Address:** 995 Gateway Center Way

**Contact Person:** Dr. Drew Kingston

**Email Address:** [dkingston@hopeprogram.biz](mailto:dkingston@hopeprogram.biz)

**Description of the Program:**

The client(s) population served: Forensic Mental health; Sexual Offending

The length of the commitment (10 or 12 months is usual): 12 months

The number of hours required of trainees per week: 20

Time of day or evening trainees will be at the site: 9am – 8pm

Type of clinical supervision (individual, group, or both) and when it is scheduled:  
Both

Any special training required in addition to university classes: No

**Name of Agency:** Hospice of the North Coast

**Address:** 2525 Pio Pico Dr., Carlsbad, CA 92008

**Contact Person:** James (Jim) Reiser, LMFT

**Email Address:** [jreiser@hospicenorthcoast.org](mailto:jreiser@hospicenorthcoast.org)

**Description of the Program:**

The client(s) population served: Hospice of the North Coast (HNC) was Founded in 1980 and serves North San Diego County. HNC is a full-scale hospice offering a wide range of bereavement resources for our patients, their families, and the community through our Hope Bereavement Center (HBC). Hope Bereavement center offers one-on-one and group counseling, as well as periodic phone support. In addition, each trainee has one 4-hour shift per week at our acute care facility, Pacifica House.

The length of the commitment (10 or 12 months is usual): 12 months

The number of hours required of trainees per week: 15 -20 hours

Time of day or evening trainees will be at the site: Flexible for one-on-one counseling sessions, groups times vary, and the shift at Pacifica House will be arranged between site supervisor and trainee.

Type of clinical supervision (individual, group, or both) and when it is scheduled: 2, 2-hour groups Monday 5-7pm, and Wednesday 5-7 pm. Additional individual counseling provided upon request.

Any special training required in addition to university classes: Focused training on grief and loss and working with dying patients.

Any other information you deem important for potential trainees to know: Hospice of the North Coasts', Hope Bereavement Center seeks to support students find their "therapeutic voice" and support them in developing their skills and interests.

**Name of Agency:** Interfaith Community Services (Multiple Locations)

**Contact Person:** Megan Hawker, LMFT

**Email Address:** [mhawker@interfaithservices.org](mailto:mhawker@interfaithservices.org)

**Description of the Program:**

Services offered include: couples and family therapy, child and adolescent therapy, crisis intervention, PTSD, veterans service-related trauma, anger management, and a senior program.

Facilities include:

**Betty and Melvin Cohn Center**

550 W. Washington Ave.

Escondido, CA 92025

(760) 489-6380

**Coastal Service Center**

4700 North River Rd., Suite A & C

Oceanside, CA 92057

(760) 721-2177

**Coastal Veteran's Center**

1617 Mission Avenue

Oceanside, CA 92058

(760) 529-9979



**Name of Agency:** MHS BPSR Kinesis North Clinic

**Address:** 474 West Vermont Ave., Suite 101, Escondido, CA 92025

**Contact Person:** Anna Rainville, Program Manager

**Email Address:** [Anna.Rainville@MHSinc.org](mailto:Anna.Rainville@MHSinc.org)

**Description of the Program:**

BPSR Kinesis North Clinic is an adult, outpatient county mental health clinic that serves adults who have serious and persistent mental health issues. Our program helps individuals with psychiatric disabilities to live and socialize within their communities. We also have an employment specialist, a peer support specialist, and case management to support clients and improve their functioning. BPSR supports individuals in Escondido, Ramona, and Fallbrook areas. The client(s) population served: TAY/young adults 18 – 24 y/o, Adults and older adults with Severe Mental Illness/Title 9 diagnosis including, but not limited to schizophrenia, schizoaffective disorder, PTSD, bipolar, Anxiety disorders, MDD, and substance use disorders.

The length of the commitment (10 or 12 months is usual): 10 months

The number of hours required of trainees per week: 15

Time of day or evening trainees will be at the site: Trainees need to be available to participate in bi-weekly clinic meetings Mondays 8:30 a – 9:30 a, weekly Treatment Team Meetings on Tuesdays 8:30 a – 9:30 a, and Grp Supervision Fridays at 9 am. Other than that, they can set their schedule within the clinic hours, Mon – Fri 8 a – 5 p.

Type of clinical supervision: individual, and group

Any other information you deem important for potential trainees to know: We have approximately 400 clients. Clinicians provide screenings, intake and annual assessments and client plans, high risk assessments, group therapy, individual therapy, documentation, and tracking due dates. The program is a medication clinic for clients with severe mental illness and most clients are required to engage in medication services in order to qualify for our program. If a client is not open to medication, does not have a serious mental illness, or no longer requires serious mental health services, then we refer them to an appropriate level of care/services.

**Name of Agency:** Mental Health Systems: Families Forward Wraparound

**Address:** 9445 Farnham Street, San Diego, CA 92123

**Phone:** (858) 380-4676

**Contact Person:** Amanda Mastrup

**Email Address:** [amastrup@mhs.org](mailto:amastrup@mhs.org)

**Description of the Program:**

Families Forward Wraparound provides mental health and supportive services with programs to help children remain in their homes with family. Various mental health services include case management, crisis intervention and planning, substance abuse treatment.

**Name of Agency:** Mental Health Systems: North Central Mental Health Center

**Address:** 1250 Morena Blvd, San Diego, CA 92110

**Contact Person:** Leslie Thayer, Ph.D.

**Email Address:** [leslie.thayer@sdcounty.ca.gov](mailto:leslie.thayer@sdcounty.ca.gov)

**Description of the Program:**

The client(s) population served: North Central Mental Health Center is a San Diego County clinic and provides outpatient services to adults with severe mental illnesses who do not have access to private health insurance. We provide behavioral health assessment, medication management, 1:1 and group therapy, crisis intervention, brief case management, and community outreach. Our population is age 18 and over. Many of our clients are directly referred from hospitals or START programs. Our staff consists of a multidisciplinary team of mental health professionals.

The length of the commitment (10 or 12 months is usual): 9 months required, may take 10 months for contact hours; Start end of August/early September- Finish mid-May

The number of hours required of trainees per week: 16 hours

Time of day or evening trainees will be at the site: Flexible; Currently Wednesday 9-12 required (May change in future years)

Type of clinical supervision (individual, group, or both) and when it is scheduled: Group Supervision is Wednesday 9-10; Individual is scheduled one hour per week

Any special training required in addition to university classes: None; We provide training here. All students will be trained in our Electronic Health Record at the beginning of their time at this clinic

Any other information you deem important for potential trainees to know: North Central trains students to act as an integral part of our treatment team. Students who complete this program leave with a good understanding of outpatient care for individuals with severe mental illness.

**Name of Agency:** Mental Health Systems: North Coastal Mental Health Center

**Address:** 1701 Mission Ave., Oceanside, CA 92058

**Contact Person:** Myesha Barton

**Email Address:** [MBarton@mhsinc.org](mailto:MBarton@mhsinc.org)

**Description of the Program:**

North Coastal Mental Health Center is a county-contracted outpatient mental health center for adults diagnosed with serious mental illness. Our main function is to provide medication management services. In addition, we offer group therapy, brief case management, crisis intervention, brief individual therapy, homeless case management, and referrals to community resources.

"We have 3-4 slots available for interns and they must be able to provide 16-20 internship hours/week. The internship must be at least 9 months long. The intern would be required to attend a three-day electronic health record training provided by the county and pre-employment screening (TB test and drug screen) provided by MHS. Individual and group supervision is provided (\* group supervision is offered on Wednesday only)."

**Name of Agency:** Mental Health Systems: North County Community Assessment Team (CAT)

**Address:** 940 East Valley Parkway, Escondido, CA 92025

**Phone:** (760) 747-0205

**Contact Person:** Celica Garcia, Program Manager

**Email Address:** [cegarcia@mhsinc.org](mailto:cegarcia@mhsinc.org)

**Description of the Program:**

The Community Assessment Team (CAT) is a voluntary program that provides services for the entire family. We offer assessment, as well as providing strength-based groups for youth, and parenting classes for parents. We serve school aged youth who are at risk of entering the justice system; struggling in school; associating with gangs; and/or experiencing anger management issues. We also serve families struggling with how to help their children make the right decisions. Our family centered outpatient services include: Strength based assessment; Individual, family and group counseling; Case management; Crisis intervention; Medication evaluation and monitoring.

Trainees primarily conduct individual therapy and possibly a group, with case management. Individual and group supervision is offered weekly. Students can obtain 12-20 hours per week.

**Name of Agency:** Mental Health Systems School Based Program

**Address:** 4660 Viewridge Avenue, San Diego, CA 92123

**Contact Person:** Jessica Holzer

**Email Address:** [jholzer@mhsinc.org](mailto:jholzer@mhsinc.org)

**Description of the Program:**

Students may be placed with at least two schools ranging from elementary to high school. All schools are within the San Diego Unified School District and are located mostly in central San Diego.

**Name of Agency:** MiraCosta College Student Health Services

**Address:** 1 Barnard Drive, Oceanside, CA 92056

**Contact Person:** Abby Burd & Ghada Osman

**Email Address:** [aburd@miracosta.edu](mailto:aburd@miracosta.edu), [gosman@miracosta.edu](mailto:gosman@miracosta.edu)

**Description of the Program:**

**The client(s) population served:** college students, majority are ages 18-30, with some older and a few younger

**The length of the commitment (10 or 12 months is usual):** length of practicum/internship

**The number of hours required of trainees per week:** approx. 16

**Time of day or evening trainees will be at the site:** we are open M-W 8-6, Th 8-7, F 8-4:30

**Type of clinical supervision (individual, group, or both) and when it is scheduled:** both. Group supervision is Tuesdays 9-11. Individual supervision is based on the student's schedule

**Any special training required in addition to university classes:** training provided at site

**Any other information you deem important for potential trainees to know:**  
Generally fast-paced environment, with variety of presenting concerns.  
Counseling team has strong social justice and equity focus

**Name of Agency:** Neighborhood House Association Project Enable BPSR

**Address:** 286 Euclid Ave., Ste. 102, San Diego, CA 92114

**Telephone Number:** 619-266-2111

**Contact Person:** Bernard Carrasco. LMFT

**Email Address:** [bcarrasco@neighborhoodhouse.org](mailto:bcarrasco@neighborhoodhouse.org) (use both email and phone number when contacting him)

**Description of the Program:**

- The client(s) population served: 18+, co-occurring, Transitional Age Youth (TAY; 18-24), LGBTQIA+, indigent/homeless/low-income
- The length of the commitment (10 or 12 months is usual): 10-12 months
- The number of hours required of trainees per week: 24-32 hours
- Time of day or evening trainees will be at the site: Monday – Friday, 8 AM – 5 PM, no after hours or weekend availability
- Type of clinical supervision (individual, group, or both) and when it is scheduled: Both individual and group, group is scheduled Fridays 8:30 AM – 10 AM. Topics discussed include but are not limited to case consultation, treatment modalities, administrative tasks.
- Any special training required in addition to university classes: CERNER Training (County of SD EHR) – Scheduled shortly after beginning practicum rotation and required for interns to pass to remain at practicum site.
- Any other information you deem important for potential trainees to know: Open door policy among staff and interns.



**Name of Agency:** New Haven Youth and Family Services

**Address:** 216 W. Los Angeles Dr., Vista, CA 92083

**Phone:** (760) 630-4065 \* 105

**Contact Person:** Rowena Versoa, TBS Lead Coach

**Email Address:** [rversoa@newhavenfs.org](mailto:rversoa@newhavenfs.org)

**Description of the Program:**

The site provides residential treatment, special education, vocational training, and clinical intervention, responding to troubled adolescent males and their families.

Experience Provided: The site uses a Therapeutic Behavioral Services program (TBS). TBS is a short term, goal directed service provided to children to assist in achieving the lowest appropriate level of placement.

TBS is a one-to-one service that targets the specific behaviors that are barriers to achieving the lowest level of care. Accordingly, a behavioral coach works with the child in the milieu with the goal of increasing their coping skills, as well as working with the parent and/or caregivers in teaching them effective interventions.

**Name of Agency:** New Leaf Recovery Center

**Address:** Central- 3539 College Ave., San Diego, CA 92115

North-3998 Vista Way #E, Oceanside, CA 92056

South-865 3<sup>rd</sup> Ave., Suite 112, Chula Vista, CA 91911

**Phone:** (619) 818-3788 (Kaitlyn Daly), (760) 822-9946 (Jessica Martin)

**Contact Person:** Kaitlyn Daly, Program Manager or Jessica Martin, Assistant Program Manager

**Email Address:** [kdaly@upacsd.com](mailto:kdaly@upacsd.com) or [jmartin@upacsd.com](mailto:jmartin@upacsd.com)

**Description of the Program:**

Substance use and mental health adult program

The client(s) population served: 18 and up dual diagnosis clients

The length of the commitment (10 or 12 months is usual): 10 months

The number of hours required of trainees per week: 18 to 20 hours

Time of day or evening trainees will be at the site: normal hours (we are flexible)

Type of clinical supervision (individual, group, or both) and when it is scheduled:  
Group and individual (depends on caseload and what supervision is needed)

Any special training required in addition to university classes: We provide training.

**Name of Agency:** Neighborhood House Association Project Enable BPSR

**Address:** 286 Euclid Ave., Ste. 102, San Diego, CA 92114

**Contact Person:** Megan Boysen, PsyD

**Email Address:** [mboysen@neighborhoodhouse.org](mailto:mboysen@neighborhoodhouse.org)

**Description of the Program:**

- The client(s) population served: 18+, co-occurring, Transitional Age Youth (TAY; 18-24), LGBTQIA+, indigent/homeless/low-income
- The length of the commitment (10 or 12 months is usual): 10-12 months
- The number of hours required of trainees per week: 24-32 hours
- Time of day or evening trainees will be at the site: Monday – Friday, 8 AM – 5 PM, no after hours or weekend availability
- Type of clinical supervision (individual, group, or both) and when it is scheduled: Both individual and group, group is scheduled Fridays 8:30 AM – 10 AM. Topics discussed include but are not limited to case consultation, treatment modalities, administrative tasks.
- Any special training required in addition to university classes: CERNER Training (County of SD EHR) – Scheduled shortly after beginning practicum rotation and required for interns to pass to remain at practicum site.
- Any other information you deem important for potential trainees to know: Open door policy among staff and interns.

**Name of Agency:** North County Lifeline

**Address:** 200 Michigan Avenue, Vista, CA 92078

**Contact Person:** Halima Martelli

**Email Address:** [hmartelli@nclifeline.org](mailto:hmartelli@nclifeline.org)

**Description of the Program:**

Youth Development trainees provide outpatient individual and group therapy to at risk youth in the North County San Diego community.

The client(s) population served: at risk youth 6-27

The length of the commitment (10 or 12 months is usual): 12 months

The number of hours required of trainees per week: 20

Time of day or evening trainees will be at the site: 2 full days 11-7:30, one half day

Type of clinical supervision (individual, group, or both) and when it is scheduled: individual anytime during the week, group (various options for scheduling)

Any special training required in addition to university classes: no

Any other information you deem important for potential trainees to know: bilingual in Spanish is a plus but not required. Many of our families are from Latinx communities.

**Name of Agency:** Operation HOPE North County

**Address:** 859 E. Vista Way, Vista, CA 92084

**Contact Person:** Lizeth V Ma

**Email Address:** [Lma@operationhopeshelter.org](mailto:Lma@operationhopeshelter.org)

**Description of the Program:**

Homeless shelter for family and children

The client(s) population served: Children, Woman and families who are experiencing homeless, history of Domestic violence and trauma.

The length of the commitment (10 or 12 months is usual): 10-12 months

The number of hours required of trainees per week: 20 per week minimum

Time of day or evening trainees will be at the site: We are a 24/7 facility we have available shifts throughout the day with the exception of the overnight shift.

Type of clinical supervision (individual, group, or both) and when it is scheduled: We provide individual and group supervision we facilitate on group supervision on Mondays and individual on Wednesdays.

Any special training required in addition to university classes: Mandated reported training, orientation, and CPR certification

Any other information you deem important for potential trainees to know: All interns and staff must pass drug test and background check.

**Name of Agency:** Palomar Family Counseling Service

**Address:** 1002 E. Grand Ave., Escondido, CA 92025

**Phone:** (760) 741-2660

**Contact Person:** Lisa Turner, LCSW

**Email Address:** [lturner@pfcs.agency](mailto:lturner@pfcs.agency)

**Description of the Program:**

Palomar Family Counseling Service (PFCS) is an independent not-for-profit agency. PFCS has offices in Escondido, Vista, Fallbrook, and Poway and provides a full range of comprehensive services. These services include prevention, education, early intervention, assessment, clinical treatment, individual and family counseling, group counseling, crisis response, professional training, and mentoring.

Trainee experience involves school site-based therapeutic services in North County schools (primarily Vista and Oceanside), and in-office clinical services to a varied population.

**Name of Agency:** Papillon Wellness, Inc.

**Address:** 4452 Park Blvd., Suite 204, San Diego, CA. 92116

7183 Navajo Rd., Suite B, San Diego, CA 92119

**Contact Person:** Cecille Ahrens, LCSW, CEAP

**Email Address:** [fly@papillonwellness.org](mailto:fly@papillonwellness.org)

**Description of the Program:**

The population served are adult persons who are of low or middle income who are struggling with mild to moderate mental health issues.

Services will include individual, couples, family and group therapy

10-month commitment

Trainees are required to provide services 15 hours per week (this includes Supervision) Individual and/or Group Supervision will be provided on a weekly basis by a fully Licensed Mental Health Therapist who has met the criteria to provide clinical supervision

Trainees will go through the orientation process where we will discuss the treatment philosophy and our intervention model (A.D.M.I.R.E.)

A - Attribution Theory

D - Dance and Body Movement

M - Mindfulness-Based Interventions

I - Internal Family Systems

R - Rogerian Techniques

E - EMDR

Students will be invited to participate in trainings as clinically appropriate and as funding allows, to build upon their clinical foundation utilizing the ADMIRE model. The trainings will serve as an introduction and/or a part of their ongoing theoretical and skill development.

**Name of Agency:** Polinsky Children's Center Clinic

**Address:** 9400 Ruffin Court, San Diego, CA 92123

**Contact Person:** Zenia Palmeno-Serrano, Clinical Director

**Email Address:** [polinsky@newalternatives.org](mailto:polinsky@newalternatives.org)

**Description of the Program:**

Polinsky Children's Center (PCC) is a 24-hour facility for the temporary emergency shelter of children who have been placed in protective custody for their own safety due to abuse or neglect or their parents' inability to provide for them. Many of our clients have experienced complex trauma and have experienced several failed placements when arriving at PCC. New Alternatives provides the therapeutic support for assessment and stabilization of clients age 3 to a day before their 18<sup>th</sup> birthday.

Services we provide include; conducting Behavioral Health Assessment and Diagnosis, Client Planning, Individual Psychotherapy, Group Psychotherapy, Rehab services, Case Management, Coordination of Care, and Consultation. All documentation is completed on San Diego County's electronic health record.

Along with a 12-month commitment, practicum students will be required to complete our company trainings, such as, CPR First Aid, Trauma Informed Care, Cultural Competency, Pro-Act (de-escalation and crisis intervention), Suicide Prevention, Privacy and Confidentiality. Practicum Students will also have opportunities to attend other trainings offered to New Alternatives employees.

Polinsky will require that practicum students commit to working at least 16-20 hours per week in a minimum of 4 hour shifts within our hours of operation. Clinic hours are Mon-Friday 10:30am-7pm with the potential for weekend hours after 90 days with our program from the hours of 8:30am-5pm.



Clinical Supervision will be offer in a group and individual basis. Currently, group supervision is offered on Tuesdays 12pm-2pm and second on Thursdays (time to be determined based on the hours needed by the team at the time). Individual supervision is scheduled individually.

Sessions with clients cannot be recorded here at PCC, however this site will assist practicum students gain access to alternative children to film mock sessions for the NU training needs.

**Name of Agency:** Project IMPACT at SDSU

**Address:** 4283 El Cajon Blvd., #215, San Diego, CA 92105

**Phone:** (619) 594-3871

**Contact Person:** Dr. Brent Taylor

**Email Address:** [btaylor@mail.sdsu.edu](mailto:btaylor@mail.sdsu.edu)

**Description of the Program:**

Project I.M.P.A.C.T. (Interventions with MFT Trainees, Parents, And Children Together)

Program Goal:

"We are here to serve students and help them achieve academic success! We realize that children face many challenges in today's society, and we are here to equip them with tools for success as they learn how to balance life's demands. We provide therapy for children of all ages at your elementary school. We are also available for consultation with teachers and support staff.

- Who? Our therapists are trainees who have at least one year of clinical experience in the master's degree program of marriage and family therapy. They are supervised by Licensed Clinicians who have many years of experience working in schools and with children.
- Where? We provide on-site therapy at the school. We are also available to provide home-based therapy when necessary to facilitate communication between the family and therapist.
- What? We provide therapeutic services geared toward children in a supportive and collaborative environment. We conduct art and play therapy in various modalities such as individual, family, or groups.
- When? Our trainees will be onsite a few days a week to provide therapy during school hours. They may also be available after school hours for home visits.
- Why? Many times we can feel overwhelmed in our lives and go through difficult periods. Children also get stressed and experience difficulties just like adults do. While talking therapy can be very effective for adults, children often benefit from

expressing themselves through creativity and play. Project Impact provides children with a safe, non-judgmental environment that builds strength and confidence in themselves. We believe that developing collaborative relationships with parents and teachers can facilitate positive change in children's lives. By attending to their socio-emotional needs, children will be freed up to concentrate on their schoolwork and find joy and fulfillment in learning activities.

**Name of Agency:** San Diego Center for Children

**Address:** 3002 Armstrong Street, San Diego, CA 92111 (and various locations)

**Contact Person:** Online Application

**Description of the Program:**

Cheryl Rode, Ph.D., VP of Clinical Operations, stated

“We require students to be with us for 8-10 months, with most placements beginning in the Fall. Clinical programs typically require weekday hours, and all hours must be during the supervisor's working hours. The application period is in March and April through the online application for the Fall.”

Students who are interested in placement can complete the online application through the website [www.centerforchildren.org/about](http://www.centerforchildren.org/about) under Careers/Graduate Student Training section. Information on placement training and instructions for applying are provided along with an online application. Candidates who meet requirements will be contacted as positions become available. Students are asked not to contact program staff directly.

**Programs with San Diego Center for Children include:**

- a. **Family Wellness Center Outpatient Program** provides individual and family therapy, group therapies, parenting classes, case management, and psychiatric services for children between 3-21. Located in La Mesa and North County.
- b. **School Based Program North County Academy.** Located in Carlsbad for students in grades 1-12, providing counseling, skill building, therapeutic activities, and education. Focus is on improving the student's academic progress as well as overall behavioral health.
- c. **School Based Lifeschool** is on the campus of Southwest High School in the South Bay and provides an integrated day of academics and various styles of therapy and behavioral support for students in grades 7-12. The therapeutic team works with each youth to develop communication and social skills and transfer skills in everyday life.

- d. **San Diego Center for Children Academy** is a non-public school in Kearny Mesa for ages 6-19, where students are supported with more individual attention for educational and behavioral needs.
  
- e. **Special Families Foster Care** is a program that places foster children in “treatment level” homes throughout SD County. The program recruits and trains foster parents.
  
- f. **Foster Family Stabilization and Treatment (FFAST)** is for children ages 0-21 and is the sole provider selected by the County of San Diego to provide therapeutic treatment for children living in Foster Family Agency level homes.
  
- g. **Children’s Residential Treatment (Level 12 and 14)** is located in Kearny Mesa and for ages 6-13. Five cottages house eight children, where their daily activities include therapeutic activities, often with a focus on developing coping skills and self-regulation tools for improved communication and relationships.
  
- h. **Clark Adolescent Program** is located in Kearny Mesa and for ages 13-18 (Level 14). A cottage for 30 youth encourages social and communication skills. Individual, family, and group therapies is a large focus.
  
- i. **Providence Community Services, Catalyst Program** is an Assertive Treatment Program for individuals aged 16-25 and a chronic mental illness. The ACT team provides comprehensive and recovery-oriented treatment.

**Name of Agency:** San Diego Youth Services

**Address:** 3255 Wing Street, San Diego, CA 92110

**Contact Person:** Candace Hildebrandt, PsyD, LMFT, Director of Quality Management

**Email Address:** [childebrandt@sdyouthservices.org](mailto:childebrandt@sdyouthservices.org)

**Description of the Program:**

Various programs throughout the agency take on interns/trainees every year to provide an array of services to children, youth, and adolescents, as well as their families. Students will provide individual, group or family therapy, as well as participate in various meetings such as treatment team meetings, program team meetings, multi-disciplinary team meetings, etc.

The client(s) population served: Dependent upon program that intern/trainee is accepted into, but work generally with youth from all backgrounds, SES, race/ethnicities, but normally ages 4 – 25. Trainees/interns may work with youth who identify with the LGBTQ+ population, are justice-involved youth, or have been commercially sexually exploited, etc.

The length of the commitment (10 or 12 months is usual): we ask for a 9-month minimum commitment, but practicum/internship begins in August and goes through June.

The number of hours required of trainees per week: 20-25 hours.

Time of day or evening trainees will be at the site: dependent upon their school and/or work schedule. They work on creating their scheduled on-site dates/times with the program manager. Normal hours can be anytime between M-F, 8:30-7:00 as each student's schedule is different and some families or youth may need early evening hours.

Type of clinical supervision (individual, group, or both) and when it is scheduled: Individual supervision is 1 hour on a weekly basis, group supervision is weekly for 2 hours, dependent upon Clinical Supervisor and student's schedule.

Any special training required in addition to university classes: N/A

Any other information you deem important for potential trainees to know: SDYS will begin accepting applications for students in January – February. Screening and interviews are set-up between during that time, as well as March, most students are offered positions between March to May. Students will then utilize the summer to complete all necessary clearances. We have various trainings throughout the year that are available to no cost to students. If there is a training that comes with a cost, we will do our best to cover it with program funding so students can get that training/experience. We have a mandatory weeklong training/orientation in August that all trainees/interns must attend, no exceptions.

**Name of Agency:** SAY San Diego

**Address:** 8755 Aero Drive, #100, San Diego, CA 92123

**Contact Person:** Megan Baker

**Email Address:** [Megan.Baker@sdcounty.ca.gov](mailto:Megan.Baker@sdcounty.ca.gov)

**Description of the Program:**

SAY San Diego is a nonprofit organization dedicated to supporting the positive development of young people, their families, and communities in San Diego County. SAY's primary services include Delinquency prevention and juvenile diversion; extended day before and after school programs; family support and development; health promotion; community development and collaboration; school readiness and support; child abuse prevention; alcohol, tobacco, and drug abuse prevention; and mental health.

SAY has numerous locations throughout San Diego County such as Oceanside, Escondido, Chula Vista, San Diego, Mid-City, and El Cajon. Multiple services are provided to individuals, children, and families. For current openings for trainees contact Jennifer Jones at [jjones@saysd.org](mailto:jjones@saysd.org).



**Name of Agency:** Sharp Mesa Vista Hospital – Outpatient Training Program

**Address:** 7850 Vista Hill Ave. San Diego, CA 92123

**Telephone Number:** (858) 836-8408

**Contact Person:** Linda Santangelo, Ph.D.

**Email Address:** [Linda.Santangelo@Sharp.com](mailto:Linda.Santangelo@Sharp.com)

**Description of the Program:**

The client(s) population served: Adults 18+. The length of the commitment (10 or 12 months is usual): 12 months

The number of hours required of trainees per week: 20hr/wk

Time of day or evening trainees will be at the site: Day time hours only

Type of clinical supervision (individual, group, or both) and when it is scheduled:  
Weekly Individual Supervision and Weekly Group Supervision

Any special training required in addition to university classes: Quarterly Trainings

**Outpatient Programs**

Sharp Mesa Vista Hospital is the largest privately operated behavioral health hospital and provider of mental health, chemical dependency, and substance abuse treatment in San Diego County. Located in Serra Mesa, our Outpatient programs provide behavioral health services for adults and seniors experiencing anxiety, bipolar disorder, depression, eating disorders and other conditions. We also have satellite locations at Mid-City and El Cajon.

We are excited to offer dynamic opportunities in the following Outpatient Programs:

**Dual Recovery:** Treats adults with mental illness and concurrent chemical dependency, utilizing an integrated approach including group psychotherapy, chemical dependency recovery principles, and behavioral training. This program helps patients develop and maintain long-term recovery.

**Adult:** Treats adults with chronic and persistent mental illness. This program focuses on symptom management, medication, and stabilization. Our

comprehensive interdisciplinary care is designed to prevent adults with mental illness from requiring inpatient hospitalization. This Program is offered at 3 locations: SMV Metro campus, Mid City and East County (El Cajon).

**Older Adult:** Treats adults 65+ with mood disorders (major depression, bipolar disorder, and anxiety). Most of the older adults have endured a major loss (an important person in their life, mobility, functioning, independence, role, health) which has impacted their quality of life. The Program uses evidence-based practices to help patients learn skills to make positive changes and lead more fulfilling lives.

**Eating Disorders:** Treats adults with eating disorders along with concurrent mood disorders, personality disorders and chemical dependency. This program uses a multi-disciplinary approach and evidence-based practices (CBT; DBT; Interpersonal Therapy; and Motivational Interviewing). In addition to groups, there is weekly individual & family therapy.

**Sharp McDonald Center:** A chemical dependency hospital with inpatient and outpatient programs that treat adults with substance use disorders and dual diagnosis. Programs utilize evidence-based practices (CBT, ACT, DBT) and maintain a focus on overall wellness through individualized 1:1 and group modalities facilitated by an interdisciplinary team of behavioral health professionals.

**TAY:** Treats transitional age youths with mood disorders (major depression, bipolar disorder and/or anxiety disorders), substance abuse, or thought disorders (may be experiencing their first psychotic break).

**Trauma:** Treats patients struggling with trauma (PTSD & ASD) and can also include co-occurring substance abuse and chronic pain. Our patients include civilians, active-duty service members, first responders and veterans.

“Thank you for considering Sharp Mesa Vista Hospital Outpatient Programs for your Practicum/Internship. We provide a structured and comprehensive training program designed to provide you with the skills necessary to launch a successful career.”

**Name of Agency:** SBCS Corporation (South Bay Community Services)

**Address:** 430 F Street. Chula Vista, CA 91910

**Contact Person:** Pam Wright, LCSW

**Email Address:** [pwright@csbcs.org](mailto:pwright@csbcs.org)

**Description of the Program:**

Counseling/Therapy services for a variety for clients

The client(s) population served: youth, school-based programs, Domestic Violence, traumatized preschool children and families

The length of the commitment (10 or 12 months is usual): minimum 10 months

The number of hours required of trainees per week: 16 per week

Time of day or evening trainees will be at the site: M- Thursday 9:00 am-8:00 pm  
Fridays 8- 5 pm

Type of clinical supervision (individual, group, or both) and when it is scheduled:  
both individual and group and times vary weekly Monday - Friday

Any special training required in addition to university classes: our agency  
database Efforts to Outcomes

Any other information you deem important for potential trainees to know: yes,  
having later afternoon and evening hours is important as we don't want clients to  
have to miss work or school to make appointments.

**Name of Agency:** Stepping Stone of San Diego

**Address:** 3767 Central Ave., San Diego, CA 92105-2506

**Phone:** (619) 278-0777

**Contact Person:** Connie Collins, Manager, Bereavement Intern Program

**Email Address:** [connie@steppingstonesd.org](mailto:connie@steppingstonesd.org)

**Description of the Program:**

Stepping Stone operates both a residential and a non-residential recovery program, each based upon a social model of recovery, to meet the different needs of our clients. The programs rely on the Twelve Steps of Alcoholics Anonymous and utilize peer interaction and involvement, creating a social environment where clients help each other in the recovery process.

Experience Provided: May include residential treatment, outpatient treatment, support services, or “sober living” care.

**Name of Agency:** Union of Pan Asian Communities – Adult Alcohol & Drug Treatment Recovery Center

**Address:** 3288 El Cajon Blvd., Suite 13, San Diego, CA 92104

**Contact Person:** Courtney Boatman, LMFT, Program Manager

**Email Address:** [cboatman@upacsd.com](mailto:cboatman@upacsd.com)

**Description of the Program:**

At UPAC Adult Alcohol & Drug Treatment Recovery Center, our mission is to provide outpatient substance use disorder treatment specifically focused on adults 18+, refugees, immigrants and other underserved populations who reside in San Diego County. Our program provides innovative and effective substance abuse treatment and recovery services to empower the individual to reach their full potential, improve their quality of life, strengthen their families, and benefit the communities they live in. ATR takes a client centered approach in which clients can receive group counseling, individual counseling, and or therapy each week. Clients have access to case managers to assist them with finding housing, income resources, food banks in the community, transportation needs, and other daily living needs.

The client(s) population served: Adults ages 18+

The length of the commitment (10 or 12 months is usual): 10-12 months

The number of hours required of trainees per week: 18-20 hours/week

Time of day or evening trainees will be at the site: 18-20 hours required within Monday-Friday 10:00am-6:30pm

Type of clinical supervision (individual, group, or both) and when it is scheduled: Group supervision Wednesdays 10:00am-12:00pm, Thursdays 1:00pm-3:00pm, or Fridays 1:00pm-3:00pm, depending on schedule and availability.

Any special training required in addition to university classes: N/A

Any other information you deem important for potential trainees to know: Trainees will be required to register with CCAPP and complete about 15 hours of County training in first month of practicum. Trainees will be paired with a primary counselor and will receive program training before being assigned a caseload.

**Name of Agency:** Union of Pan Asian Communities – Teen Recovery Center

**Address:** 3288 El Cajon Blvd., Suite 13, San Diego, CA 92104

**Contact Person:** Melissa Lindo, LMFT, Program Manager

**Email Address:** [mlindo@upacsd.com](mailto:mlindo@upacsd.com)

**Description of the Program:**

At UPAC Teen Recovery Center, our mission is to provide teens and families the support they need throughout the recovery process. As a leading nonprofit treatment provider, we offer affordable evidence-based care to our teens and provide a safe place where they can connect with others they can relate to. Our clients engage in group counseling services, case management, drug testing, individual counseling sessions, family counseling sessions and sober activities.

The client(s) population served: Adolescents ages 12-17

The length of the commitment (10 or 12 months is usual): 10-12 months

The number of hours required of trainees per week: 18-20 hours/week

Time of day or evening trainees will be at the site: 18-20 hours required within Monday-Friday 10:00am-6:30pm

Type of clinical supervision (individual, group, or both) and when it is scheduled:  
Group supervision Wednesdays 10:00am-12:00pm or Fridays 1:00pm-3:00pm, depending on schedule and availability.

Any special training required in addition to university classes: N/A

Any other information you deem important for potential trainees to know:  
Trainees will be paired with a primary counselor and will receive training before being assigned a caseload.

**Name of Agency:** Veterans Village of San Diego

**Address:** 4141 Pacific Hwy.

**Phone:** (619) 393-2301

**Contact Person:** Susan Reeder

**Email Address:** [reeders@vvsd.net](mailto:reeders@vvsd.net)

**Description of the Program:**

The client(s) population served: Veterans and Civilians

The length of the commitment (10 or 12 months is usual): 10-12 months

The number of hours required of trainees per week: 16-24 hours a week

Time of day or evening trainees will be at the site: Days, could be evenings or weekends

Type of clinical supervision (individual, group, or both) and when it is scheduled:  
Both

Any special training required in addition to university classes: new hire trainings including possible county trainings

**Name of Agency:** Vista Hill Incredible Families (Various locations in East, South, North Central, and North County San Diego)

**Contact Person:** Angela Rowe, Program Manager

**Email Address:** [arowe@vistahill.org](mailto:arowe@vistahill.org)

**Description of the Program:**

Incredible Families is a county funded with three offices (East/South San Diego, North Central, and North County) that provides a 15-week program consisting of family visitations, a parenting group, and individual therapy services for children. Clients are between the ages of 2-14 and referrals are through the Child Welfare Services. Trainees will be involved in the parent visitations, parenting classes, group co-facilitation, teaching the parents strength-based skills in connecting with their child, clinical consultation, and weekly group supervision. Students are accepted at various times of the year and expected to provide a minimum of six-eight hours a week.



**Name of Agency:** Vista Hill Parent Care Central/East

**Address:** 4125 Alpha St., San Diego, CA 92113

Parent Care East, 4990 Williams Avenue, La Mesa, CA 91942

**Contact Person:** Angela Rowe, Program Director

**Email Address:** [arowe@vistahill.org](mailto:arowe@vistahill.org)

**Description of the Program:**

Program Description:

The Vista Hill Parent Care Central location is a women's alcohol/drug treatment and parent education center featuring:

- An outpatient treatment program for women with substance abuse problems
- Addresses the specific needs/issues of women and mothers
- A safe, supportive, and confidential environment
- A success-oriented program building on a client's strengths which enhances the individual's and family's
- An integrated medical-social relational model approach to treatment
- Quality childcare provided

**Name of Agency:** WEST Coast Recovery

**Address:** 785 Grand Avenue, Carlsbad, CA 92008

**Contact Person:** Hanna Hanson, LMFT, Director

**Email Address:** [Hanna@westcrc.com](mailto:Hanna@westcrc.com)

**Description of the Program:**

West Coast Recovery Center's mission is to provide an individualized program of recovery to inspire healthy life changes. Trainees will garner an understanding of the addictive process, recovery treatment and dual diagnoses which often accompany addiction (PTSD). Interns and trainees will acquire skills in dual diagnosis screening and assessment measures, treatment planning and mindfulness-based psychotherapy. Training will be provided on HiPAA, DAP progress notes, Ethics/Legal concerns, Dialectical Behavioral Therapy (DBT) Skills and Behavior Chain Analysis, and Mindfulness practice. My theoretical orientation is based in mindfulness and DBT, thus interns can count on exposure to these DBT skills, mindfulness practices and emphases on behavior.

Group supervision sessions always begin with 5-10 minutes of mindfulness, meditation, or Wise Mind practice. We then follow with case presentations, teach-ins and/or countertransference issues. Clinical staff are regularly exposed to training and fellow case presentation from somatic based, sensori-motor psychotherapy for PTSD, 12 step, SMART, holistic approaches, as well and EFT and systems understandings of addiction and treatment.

Successful applicants will be required to purchase malpractice insurance...complete a TB test, a basic physical and HIPAA certification training (provided by WESTCRC/online). A drug test may also be required.

Applicants with strong interest or experience with mindfulness, DBT, addiction or PTSD are helpful but not required. A Compassionate heart, good communication skills, a willingness to learn and a strong commitment to fulfill responsibilities and provide mindful client care are essential. "

The Internship would be 10-12 months

Hours per week required is 12-15

Group Supervision is Thursdays from 9:30-11:30am (and I will create an additional group supervision or individual for trainees)

Trainees would run groups and provide individual counseling for Chemical Dependency IOP/PHP in Carlsbad. Trainees will complete 1. one formal case presentation quarterly, 2. one "Teach in" from their theoretical orientation and 3. one formal observation of a session (taped/video) quarterly.

**Name of Agency:** YMCA Youth and Family Services

**Address:** 2929 Meade Avenue, San Diego, CA 92116

**Contact Person:** Nicole Reich, LMFT

**Email Address:** [nreich@ymcasd.org](mailto:nreich@ymcasd.org)

**Description of the Program:**

YMCA Youth and Family Services (YFS) provides direct service and support to over 15,000 individuals in the San Diego County community each year. Since 1970, we have consistently provided unique programming that addresses San Diego's most pressing social issues and adapts to its ever-changing needs. By ensuring everyone has a safe place to live, a reliable support system, encouragement to pursue their goals, and access to the resources and mental health therapy that they need to flourish, our staff, volunteers and donors continue to help bring about meaningful and lasting change for the youth and families of our community.

YFS offers therapy (and clinical traineeships) in diverse milieus: residential (Oz,) outpatient clinic (North Park,) field / community (Youth Resiliency Center, Family Resiliency Center), and school-based services (SDUSD.)

The client(s) population served: San Diego County, across the lifespan

The length of the commitment (10 or 12 months is usual): 12 months

The number of hours required of trainees per week: 15-20 / week

Time of day or evening trainees will be at the site: depends on site

Type of clinical supervision (individual, group, or both) and when it is scheduled: group, individual, and triadic – schedule is dependent on site/program

Any special training required in addition to university classes: program specific training provided during onboarding process

Any other information you deem important for potential trainees to know: email with questions